



S.K.H. LUI MING CHOI SECONDARY SCHOOL
聖公會呂明才中學

Leadership 培育領袖

Motivation 激發潛能

Caring 侍主愛人

學校概覽
School Brochure



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School Brochure

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Message from the Principal

In our Lord's grace and guidance, I am honored to serve in SKH Lui Ming Choi Secondary School and become the principal in 2023. Under the leadership of past principals, our school has nurtured generations of talented young people who are now making significant contributions to society in leadership roles.

Those who have completed their secondary education will likely agree that this stage of learning helps us understand ourselves and establish our life goals. It is also where we develop our interpersonal skills and habits.

Although I received my own secondary education from another school, my teaching experience at SKHLMC played a significant role in my professional development in education. Here, I began my career as a teacher, learning to pursue excellence in teaching and paying attention to the needs of both students and teachers. Now, I am excited to start my next stage as an educational leader.

I believe that "Knowledge could always be found by observant people". We could always learn in every circumstances if we have been attentive and reflective to every minute of our experiences. With this belief among our teachers and students, let us work together to embrace a new era in the development of the School!

Mr. Wong Siu Man
Principal



Messages from Vice-principal and Assistant Principal



Mr. Leung Kin Sang
Vice-Principal

For the whole-person development (WPD), LMC students have lots of learning experiences which are challenging, exciting, nurturing and rewarding. These experiences support students to develop their capabilities and potential, helping them realize how important it is to work towards being a whole person.

In the School Development Plan, a great variety of activities were organized under the WPD Framework, including the Healthy Life & Goal-setting Program, the 'Companions in Adversity' Activity co-organized with the Ufire and the Church-School Partnership of School, the Jupas Exploration co-organized with the Career Education Committee, and the "Fruit for Empathy" co-organized with the Frutus Charitable Foundation and the Community Services Committee of School etc. All these programs helped to nurture the values of justice, grit, inquisitiveness, empathy, gratitude, and responsibility for LMC students.

To align with the theme 'We Are One' of a Caring School, more opportunities for student learning and growth would be increased to foster a culture of mutual respect, trust and appreciation among LMC students. I am happy to see that student development in LMC enables them to adapt to changes and sustain performance over time.

Welcome to LMC, where we prioritize the future of education. As the Vice-Principal in charge of Learning and Teaching, I am excited to share our commitment to providing an exceptional learning experience for our students.

Our "Future Classroom Project" is at the forefront of our initiatives, as we upgrade our facilities with interactive panels in every classroom. This investment enables us to promote e-learning and blended learning, empowering our students to thrive in the 21st century. By embracing digital tools and resources, we enhance their performance and equip them with essential skills for the future.

We understand that every student has unique learning needs. That's why we have designed a range of programs to nurture their growth. From our Academic Improvement Plan to a pull-out program for elite students, we strive to unlock their full potential. Collaboration among our dedicated colleagues and continuous professional training for our teachers further enriches their teaching pedagogies.

At our school, we firmly believe in the success of our students. With a supportive environment, innovative facilities, a committed team, the transformative power of God's love and His ability to change hearts and lives, God can work miracles within our students, instilling in them a renewed sense of purpose and direction.

"And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh." - Ezekiel 36:26

Together, let us embrace the belief that God can change lives and provide a path filled with Faith, Hope, Caring and Grace.



Mr. Wong Shing Bun
Vice-Principal

In my journey as a teacher at SKH Lui Ming Choi Secondary School, I find it truly remarkable to serve as a mentor, guiding students in their personal growth and character development while motivating them to fully realize their potential.

In our close-knit community, we, as teachers, strive to partner with parents to nurture our students into responsible, confident, and independent learners who are equipped to make informed choices in life.

Inspired by one of my favorite Bible verses, I am committed to fostering the following virtues in our students:

"In view of all this, make every effort to respond to God's promises. Supplement your faith with a generous provision of moral excellence, and moral excellence with knowledge, and knowledge with self-control, and self-control with patient endurance, and patient endurance with godliness, and godliness with brotherly affection, and brotherly affection with love for everyone. The more you grow like this, the more productive and useful you will be in your knowledge of our Lord Jesus Christ." (2 Peter 1:5-8)

By supplementing our faith with moral excellence, we encourage integrity and ethical decision-making. Adding knowledge empowers our students to think critically and understand the world around them.

Together, let us inspire our students to cultivate these qualities and become not only knowledgeable individuals but also compassionate leaders in our community.



Ms. Ng Yan Ting, Christine
Assistant Principal and
Teacher Manager

Messages from the Chairperson of Alumni Association, Parents-Teacher Association and Teacher Managers



黎小敏
校友會主席

大家好，我是黎小敏，很榮幸擔任本校校友會主席。對於參與學校活動充滿熱情，並且深信這是校友們互相連結、回饋學校的重要途徑。

作為一名校友，我深深感受到學校對我們的培養和栽培。現在，我希望能夠回饋學校，將我所學和經驗與學弟妹們分享。我們校友會致力於建立一個緊密的聯繫網絡，讓校友們能夠共同成長、互相支持。

我誠摯地邀請各位同學加入我們的校友會，一同參與其中。你們可以擔任校友會的幹事，協助籌辦各種活動，並與其他校友建立長久的友誼和專業聯繫。我們的校友會將定期舉辦各種活動，如職業專題講座、社交聚會等，這是一個很好的機會，讓我們共同回憶過去，展望未來。

讓我們攜手合作，一同為母校的發展和校友們的連結努力！

大家好，對於聖呂家長而言，「伍一龍」這個名字對大家必定陌生。但對於我而言，聖呂這個環境既熟悉亦感恩。它曾帶我認識道路、真理、珍惜，從而學懂感恩。以往我兩小兒的幼稚園及小學生活中，亦有不斷的參加家教會委員和家長校董工作，對家教會的事務和理念略有認識。

今年踏入一個熟悉的環境，本想盡一點綿力參加家教會，了解學校與子同行。就在參選家教委員的前一日，經歷了學界水運會，就在當日，我分享學界水運會比賽的激烈情況予中一的家長們，他們很高興有家長主動分享，並很好奇那位家長有這份熱心，慕名問我是誰。就是這樣，聲名多了，我當選了家教委員之一，經過家教會委員們互選後，本人蒙恩獲選出任主席一職。

雖然我曾有過當主席的經驗，但心想，我是一個中一新生家長，怎樣服眾？心中不斷的每日禱告，神會給我曙光引領我路。

日子一天一天的過去，再經歷一次一天半的陸運會，更令我肯定了自己職位置，更令我肯定了「前人為我，我為後人」的初心，凡事必盡心盡力，不求名利，心中緊記「非已役人 乃役於人」。

作為家長代表，我定當構建穩固的家校溝通橋樑，打開雙手，「左攜學校 右攜家長」，將家長的聲音帶到校方、將學校的理念帶回家長，一起為我們的孩子共建美好的學習及學校生活環境。我會帶領團隊，秉承過去家教會共同合作的精神，盡心盡力以愛把「家校合作」的理念延續下去。

最後，我恭祝大家身體健康，萬事如意，也祝同學們學業進步！



伍一龍
家長教師會主席



Mr. Wong Tung Ming
Alternate Teacher Manager

TEACHERS play a crucial role as role models for young people. Their influence extends beyond academic knowledge, shaping students' character, attitudes, and behaviors.

This is the 22nd year of my teaching career, I still asking myself that am I a qualified teacher to play as role model for our young people?

About the School 學校簡介

S.K.H. Lui Ming Choi Secondary School was founded by Rt. Revd. John Baker and the Ven. Cheung Wing Ngok in 1973. The Lui Ming Choi Foundation, a fund set up by the family of the late Mr. Lui Ming Choi, was the benefactor of the school.

LMC is a co-educational grammar school. The school offers 24 classes, 4 classes from Secondary 1 to Secondary 6.

聖公會呂明才中學創校於一九七三年。本校由白約翰會督及張榮岳會吏長籌辦，並得蒙呂明才基金資助而成立。

本校為全日制文法中學，全校共有二十四班，班級結構為中一至中六各四班。

School Vision 學校抱負

- The School aspires to be an outstanding Christian school in Hong Kong providing for quality education and whole-person development to students.
- 本校秉承優良的基督教辦學傳統，提供學生優質教育及全人發展的機會。
- The School strives for excellence in education and supports the overall purpose of helping its students achieve their potential as leaders, motivated learners and carers, and to live out the school motto of "Leadership, Motivation and Caring."
- 本校追求卓越，讓學生發揮潛能，成為領袖，自主學習，服務社會，活出學校的校訓-「培育領袖、激發潛能、侍主愛人」。
- The School respects diversity and professes the broad Christian values of caring, service, and distinguishing right from wrong. The School aims to help its students become people of integrity who believe in contributing to the common good of society.
- 本校尊重差異及發揚基督教價值：關愛、服務及正義。本校亦讓同學培養正直的人格，貢獻社會。

'Joyful Teen' volunteering program to train students to be a servant leader
'Joyful Teen' 義工計劃旨在培養學生成為僕人領導者



Our school provides many platforms to train students' public speaking.
我校為培養學生的公開演講能力提供了不同的平台

Versatile student artists showcase their talent in our Annual Cultural Performance.
才華橫溢的學生藝術家在我校的周年綜藝表演中展示他們的才華。

School Development Plan 學校發展計劃 2024-2027

We believe every student is unique and has the potential to succeed. We strive to motivate our students to realise their full potential, strive for excellence and become a responsible lifelong learner. The major concern of the School Development Plan is as follows:

我們相信每個學生都是獨一無二的，都有成功的潛力。我們努力激勵我們的學生充分發揮他們的潛力，追求卓越並成為盡責的終身學習者。學校發展計劃的主要關注點如下：

Major Concern 重點關注 1

Become a Responsible Community 成長承擔

We are dedicated to fostering a vibrant learning environment where students can effectively utilize and manage their learning resources. We encourage a proactive approach to career life planning, empowering students to take ownership of their educational journeys and future aspirations. Our core values emphasize respect, cultivating a culture where students are not only encouraged to be respectful towards their peers and teachers but also to embrace others. Also, we aim to give students more exposure to strengthen their social skills and soft skills.

本校致力於培養一個充滿活力的學習環境，使學生能夠有效地利用和管理學習資源。我們鼓勵積極主動的職業生涯規劃，建立學生掌握自己教育旅程和未來願景的能力。本校的核心價值觀強調尊重，鼓勵學生不僅對同儕和教師保持尊重，還要包容他人，並加強社交技能和軟技能的培養。



Whole-person Development Framework 全人發展框架

Our school focuses on Whole Person Development: Collaboration across subject panels and committees (e.g. ECA, Guidance, Values Ed, Aesthetics Experience, Career Ed) to take care of students' moral, intellectual, physical, social, emotional, aesthetic and spiritual development and to help them actualize their goals.

本校重視全人發展，各科組和部門，例如課外活動統籌組，輔導委員會，價值教育組，藝術經歷統籌組，升學及就業輔導組通力合作，讓學生在德、智、體、群、美、靈各方面都有全面的發展，實踐個人目標。

Major Concern 重點關注 2

Become a Collaborative Community 協作同行

We are committed to expanding our students' exposure to history through a world-wide perspective, exploring diverse cultures and significant events that shape our world today. Alongside this, we aim to increase sports participation, promoting a healthy lifestyle through a variety of physical activities and community events. To support these initiatives, we continue to empower our teachers by enhancing collaboration, providing them with the tools and resources needed to create engaging and innovative learning experiences.

本校致力於加強學生對歷史的認識，探索全球多元文化和當今世界的重要事件。與此同時，我們旨在增加學生參與體育的機會，通過各種體育活動和社區活動來推廣健康的生活方式。我們將繼續賦能教師，促進合作，為他們提供創新學習體驗所需的工具和資源。



Medium of Instruction 教學語言

English is, and will continue to be, the Medium of Instruction (MOI) for most subjects in our School. As advised by the EDB, starting from 2022-2023, certain subjects in Junior Secondary One will be taught in Chinese for some students.

This will be a strategy to cater for students' learning diversity. Moreover, relevant measures to facilitate students' smooth transition to the Senior Secondary Curriculum (English as the Medium) will be implemented.

本校向來主要以英語作為教學語言，亦將繼續主要以英語作為教學語言。但為了照顧學生學習差異，部分中一新生的個別初中科目，於2022-2023學年起按教育局建議，以中文作為教學語言，並配合相應措施，幫助學生順利銜接至以英語授課之高中課程。

The School Curriculum (2025-2026) | 開設科目 (2025-2026)

Subject 科目/ Level 級別	S.1 中一	S.2 中二	S.3 中三	S.4-S.6 中四至中六
Chinese Language 中國語文	o	o	o	o
English Language 英國語文	#	#	#	#
Mathematics 數學	^	^	#	#
Mathematics (Extended Module 2: Algebra & Calculus) 數學延伸部分單元二（代數與微積分）				#
Citizenship and Social Development 公民及社會發展				o
Citizenship, Economics and Society 公民、經濟與社會	o	o		
Life and Society 生活與社會			o	
Biology 生物				#
Junior Secondary Science (Biology) 初中科學（生物）			#	
Chemistry 化學				#
Junior Secondary Science (Chemistry) 初中科學（化學）			#	
Physics 物理				#
Junior Secondary Science (Physics) 初中科學（物理）			#	
Science 科學	#	#		
Information and Communication Technology 資訊及通訊科技				#
Computer Literacy 普通電腦	^	^	^	
Chinese Literature 中國文學				o
Chinese History 中國歷史	o	o	o	o
Geography 地理				#
Humanities – Geography 人文科- 地理	^	#	#	
Economics 經濟				#
Business, Accounting and Financial Studies 企業、會計與財務概論				#
Humanities - Economics and Financial Literacy 人文科 - 經濟及理財教育			#	
Little Makers Class STEM 教育	^	^		
Visual Arts 視覺藝術	^	^	^	o
Music 音樂	^	^	^	#
Physical Education 體育	^	^	^	#
Putonghua 普通話	o	o	o	
Religious Education 宗教教育	o	o	o	o
Life Education 生命教育		o	o	

Subjects taught in the Medium of English 科目以英文授課

o Subjects taught in the Medium of Chinese 科目以中文授課

^ Subjects mainly taught in the Medium of English. To cater for students' learning diversity, a small number of students will be taught in the Medium of Chinese 科目主要以英文授課，為照顧學生的學習差異，小部分學生會以中文作為授課語言

Leadership 領導才能

Our school strives to nurture students' leadership skills. Through organizing and joining an array of school services and house activities, students' team spirit and communication skills are strengthened.

本校致力培養學生的領導才能，透過組織和參與不同的群體服務和社際活動，訓練他們的團隊精神和溝通能力。

House Activities 社際活動



Hope House
望社



Faith House
信社



Caring House
愛社



Grace House
恩社

Prefects 領袖生



Inauguration Ceremony of the Prefects
領袖生就職典禮

Student Council 學生會



Inauguration Ceremony of Student Council
學生會就職典禮

Leadership Training 領袖訓練



Motivation 激發潛能

To foster whole-person development, a wide range of extra-curricular activities are organized. Ample platforms are given to our talented student artists, dancers and musicians to reach their full potential. Through active involvement in sports, our students' physical health, confidence and perseverance can be strengthened. We are proud that our students excel in different kinds of extra-curricular activities with flying colours.

為促進全人發展，學校舉辦不同的課外活動，為才華橫溢的學生提供學習藝術、舞蹈和音樂的平台，激發學生的潛力。學生通過積極參與體育運動，讓身體健康，加強自信和毅力。我校為學生在不同的課外活動中表現出色而感到自豪。

Music 音樂



Annual Singing Contest
年度歌唱比賽



Handbell performance in Annual Cultural Performance
手鐘隊於周年聯歡晚會中表演



Choir performance in major school events
合唱團於主要校園活動中表演

Visual Arts 視覺藝術



Students visiting Hong Kong Museum of Art
學生參觀香港藝術館



Students visiting PolyU Design Show 2024
學生參觀理工大學設計系畢業展2024



Visiting alumni Mr. Jacky Tao Solo Exhibition
"Have a Nice Day"
參觀校友杜海銓先生個人展「大世界」



Students visiting HKBU AVA BA Graduation Show 2024
學生參觀香港浸會大學視覺藝術院本科畢業展2024



Students watching an English musical in Shatin Pui Ying College
學生到沙田培英中學欣賞英文音樂劇



Visiting alumni Mr. Jacky Tao Solo Exhibition
"Have a Nice Day"
參觀校友杜海銓先生個人展「大世界」



Various opportunities are provided for students to showcase their beautiful art work.
本校提供不同機會讓學生展示他們美麗的藝術作品。

Sports 體育

Physical Education is a vital part of our school's curriculum. We cover a range of topics and themes across different year levels, including practical activities, PE theory, and collaborative learning projects. We also offer a variety of sports teams to help students develop specific skills and support their holistic development. Our sports teams include:

體育教育是我們學校課程中不可或缺的一部分。我們在不同年級涵蓋了多個主題和內容，包括實踐活動、體育理論和合作學習項目。我們還提供多種運動隊，以幫助學生發展特定技能並支持他們的全面發展。我們的運動隊包括：

Athletics Team 田徑隊	Badminton Team 羽毛球隊	Basketball Team 籃球隊	Football Team 足球隊
Hip Hop Team 嘻哈舞隊	Indoor Rowing Team 室內划船隊	Kin-Ball Team 健球隊	Swimming Team 游泳隊
Table Tennis Team 乒乓球隊	Tenpin Bowling Team 保齡球隊	Beach Volleyball Team 沙灘排球隊	Volleyball Team 排球隊

In 2023-2024, we had a fruitful year. Our PE department organised several internal events, including talks, sports taster sessions, self-learning projects, and peer-learning activities. We also arranged more than 20 friendly matches in various sports, allowing our students to exchange skills with other schools. This invaluable exposure was truly cherished.

Regarding the Inter-School Competition, our school achieved remarkable results. Our students' tremendous effort in training was reflected in their outstanding performances, contributing to great success. Their determination, perseverance, and resilience were evident in every tournament. We are extremely proud of them. Some of the awards are listed below:

在2023-2024學年，本校體育組織了不同活動，包括講座、運動體驗課、自學項目和同儕學習活動。本校還安排了超過20場各類運動的友誼賽，讓學生能夠與其他學校交流技能。

本校在校際比賽中取得了卓越的成績。學生們在訓練中付出了巨大的努力。他們在每一場比賽中展現出爭勝的決心、堅毅精神和抗逆能力，讓人倍感驕傲。

In 2024-2025, we are promoting the "One Student, One Sports Team" initiative. We hope our students not only find satisfaction in their academic achievements but also showcase their talents in sports, contributing to an active and healthy lifestyle psychologically, physically, and mentally.

In addition, we encourage our students to engage in 60 minutes of moderate to vigorous activity every day. We firmly believe that the physical and emotional health of our young people is just as important as their academic achievements.

在2024-2025學年，本校推行「一人一校隊」計劃。我們希望學生們不僅能在學業上獲得成就，更能在運動中展現才華，從而促進心理、身體和精神上的積極健康生活方式。

此外，我們鼓勵學生每天參加60分鐘的中等至高強度活動。我們堅信，年輕人的身心健康與學業成就同等重要。



Item	Award	No. of Awards
Inter-School Athletics Competition 2023-2024 (Division 3 Area 3 – Girls C Grade Discus) – 2H Li Yau	2nd Runner-up	1
Inter-School Badminton Competition 2023-2024 (Division 2 – Boys B Grade)	4th	1
Inter-School Football Competition 2023-2024 (Division 3 – Boys C Grade)	1st Runner-up	1
Inter-School Football Competition 2023-2024 (Division 3 – Boys Overall Result)	2nd Runner-up	1
Inter-School Volleyball Competition 2023-2024 (Division 2 – Girls B Grade)	4th	1
Inter-School Volleyball Competition 2023-2024 (Division 2 – Girls C Grade)	4th	1
Inter-School Volleyball Competition 2023-2024 (Division 2 – Boys A Grade) (Division 2 – Boys Overall Result)	Champion 2nd Runner-up	1
BOCHK Beach Volleyball Cup 2023-2024 (Division 2 - Boys A Grade) (Division 2 - Boys Overall Result)	1st Runner-up 4th	1
Inter-School Table Tennis Competition 2023-2024 (Division 3 – Girls C Grade)	Champion	1
Inter-School Table Tennis Competition 2023-2024 (Division 3 – Girls Overall Result)	1st Runner-up	1
BOCHK Indoor Rowing Cup 2023-2024 (Girls A Grade – 1000m) 3S Ng Yue Tung	4th	1
Hong Kong Schools Dance Association Limited (60th Schools Dance Festival – Hip Hop)	Highly Commented Award	1
Hong Kong Schools Dance Association Limited (60th Schools Dance Festival – Chinese Dance)	Highly Commented Award	1
港青京士柏校際錦標賽2023-2024 (U19 Girls – Bowl)	Champion	1
Inter-school Pool Championship 2024 Individual Event (Secondary School) 6K Tsang Tsz Kin	Champion	1



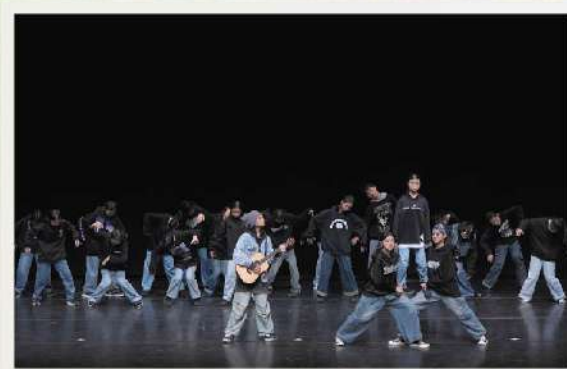


Dance 舞蹈



60th Schools Dance Festival Chinese Group Dance Competition
第60屆學校舞蹈節中國舞群舞比賽

2023-24 S.K.H. Lui Ming Choi Secondary School Dance Team
2023-24 聖公會呂明才中學舞蹈隊



60th Schools Dance Festival Jazz & Street Dance Competition
第60屆學校舞蹈節爵士舞及街舞比賽

Ap Lei Chau Hung Shing Culture Festival 2024
Southern District Vibes Bazaar@Hung Shing Festival Chinese Dance performance
南區繽紛市集@洪聖誕 中國舞表演



Caring 侍主愛人

Our school is committed to developing Christian values which students are prepared for Christ-centered lives of purpose, service, and leadership. It is our mission to spread the gospel and serve others through various kinds of volunteering services.

我校致力於基督教價值觀，讓學生為以基督為中心去建立目標、服務和領導生活。致力傳揚基督精神，通過不同義工活動服務他人。

Alpha course 啟發課程

Alpha course is specially organized for S.1 students. It is led by Christian teachers or members of St. Timothy's Church to discuss Christian values during lunch and watching videos related to the gospel. The event closes with Alpha Day Camp.

啟發課程是專門為 S.1 學生組織的。它由基督徒教師或聖提摩太堂教友帶領，於午膳時討論基督教的價值觀並觀看與福音有關的影片，活動以啟發日營作結。



Christian fellowship 基督徒團契

Christian fellowship events at school foster a sense of community and spiritual growth. Activities include prayer meetings, Bible study, games and gatherings. These events encourage students to deepen their faith, build lasting friendships, and support one another in their spiritual journeys, promoting a positive and inclusive environment.

基督教團契活動在學校中促進了社區意識和靈性成長。活動包括祈禱會、聖經學習、遊戲和聚會。這些活動鼓勵學生加深信仰，建立持久的友誼，並在靈性旅程中互相支持，促進積極和包容的環境。



Community Service 義工服務

Our Community Youth Club organizes different volunteering activities to motivate students to serve the people in need.

公益少年團舉辦各種義工服務活動，讓學生發展潛能，服務社群。



Our student volunteers introduce, distribute fruits and help the disabilities to write some feedback. They enjoy playing games with elderly. 我學生義工介紹、派發水果及協助肢體弱能人士撰寫心意卡，積極與長者交談、玩遊戲，樂也融融。



Our students participate in a volunteer training programme to learn the skills of using a wheelchair and communicating with the disabilities. 我學生參加義工訓練，學習操作輪椅以及與視障或肢體弱能人士溝通技巧。



Teachers and students of our school served as booth volunteers to assist Ebenezer New Hope School in organizing the "Family Celebration of Lunar New Year" event. 我師生擔任攤位義工，協助心光恩望學校籌辦「天倫樂聚慶新春」活動。

聖公會「明才薈」長者學苑

計劃目的：以正向心理學為理論基礎，讓參加者發展個人長處，建立正向價值觀和自信，並學習溝通和防範能力，建立良好友誼，以裝備自己活於未來生活上遇到的挑戰。

計劃推行時間：1/9/2024-31/8/2027

身心管理

沙龍藝術
視覺藝術
毛筆書法
歌唱技巧訓練

正向心理

創新科技

理財概論(必修)
智慧健康護理
科學於生活中應用

長青共融

漫步海濱公園
假日愉快
古蹟探索
智慧樂齡科技分享會

健康體藝

健步運動
水槍運動
健康飲食(必修)
自我健康管理(必修)
肌力訓練及身體類型

計劃主要對象為年滿60歲已登記的長者
(若課程出現剩餘學額，可酌情接受年齡不小於55歲人士報讀)

所有課程費用全免
上課地點：聖公會呂明才中學
(香港寧富邨寧富道57號) 敬請留意新聞!

負責職員：許恩榮先生 / 郭佩欣小姐 (香港聖公會聖高基中學聯會長者聯會中心)
查詢及報名請電：2817 2981 / 3184 5381 或 WHATSAPP 報名：6717 4093
中心地址：香港聖高基道20號聖高基二座地下B座

In 2024, we also establish the elderly academy; our senior form students will join and facilitate the courses as student helper, learning together with the elderly during school time. 今年起，我與更與社福機構及教會合辦「明才薈」長者學苑，在上課期間，高中學生會擔任學生助理，與長者共學共融。

STEM Education STEM 教育

Our school's STEM education program aims to achieve two primary objectives: fostering students' interest in science, technology, engineering, and mathematics, and strengthening their foundational knowledge in these areas. To fulfill these goals, we have introduced the "Little Makers Class" for Secondary 1 and 2 students. This course supports our mission to cultivate a mindset of learning, making, and creating, enabling students to fully explore their creative and innovative potential.

我們學校的STEM教育項目有兩個主要目標：培養學生對科學、技術、工程和數學的興趣，並加強他們在這些領域的基礎知識。為了實現這些目標，我們為中一和中二學生引入了「小小創客班」。該課程支持我們的使命，即培養學習者、創造者和製造者的思維方式，讓學生充分發揮他們的創造力和創新能力。

The "Little Makers Class" curriculum not only imparts essential STEM knowledge but also introduces students to cutting-edge technological advancements, such as Deep Learning in AI. It helps them grasp the core principles of the Engineering Process through various hands-on crafting projects.

「小小創客課程」的課程內容不僅傳授基本的STEM知識，還讓學生接觸到最新的技術進展，如人工智能中的深度學習。通過各種動手製作項目，它幫助學生掌握工程過程的基本原理。

- 3D printing 3D 打印,
- Moment balance experiments 力矩平衡實驗,
- Roman catapults 羅馬彈射器,
- Electric-Circuit Cards 電路卡片,
- Balloon cars 氣球車

In addition to structured courses, our school hosts a variety of STEM activities designed to enhance students' cooperation, communication, and problem-solving skills, which are vital for their comprehensive development.

除了結構化課程外，我們學校還舉辦各種STEM活動，旨在提升學生的合作、溝通和解決問題的能力，這些能力對他們的全面發展至關重要。

- GenRobo Mechanical New Humanity Project 2023-24 - The Journey of AI Engineers - Business Soup A.I. Experience Workshop"
- 2024 機械人搶包山大賽 (香港站) 2024 Robot Bun Snatching Competition (Hong Kong Station)
- Forensic Science Workshop 鑑證科學工作坊
- STEM Racing Car Fun Day STEM 賽車樂日
- Micro-Bit Hovercraft Fun Day Micro-Bit 氣墊船樂日



Rich Language Learning Environment

豐富的語言學習環境

Our school strives to foster the development of students' "bilingual and tri-literate" abilities. Regarding English, a team of dedicated English teachers, including a native English-speaking (NE) teacher and an NE tutor, provides a language-rich environment both inside and outside the classroom. For instance, the S.1 English Summer Bridging Program is organized for pre-S.1 students to adapt to our English teaching and learning environment, and the English Enrichment Modules are implemented to boost the language proficiency of our students through fun and meaningful tasks that nurture their passion for English and drama.

我校致力提升學生「兩文三語」的能力。在英語方面，一支敬業的英語教師團隊，包括一名以英語為母語的教師和一名同樣以英語為母語的導師，在課堂內外提供豐富的語言環境。例如，為中一學生舉辦中一英語暑期銜接課程，以適應我們的英語教學和學習環境。同時，我們也推行英語增潤課程，旨在促進學生的英語水平，讓學生可以在愉快的環境裏進行富有意義的活動，培養他們對英語和戲劇的興趣。

English 英文



Silver Award in 'Arch Cup' Writing Competition
「雅卓盃」英文寫作大獎決賽銀獎



Christmas Gift Exchange with Native English-speaking (NE) teacher and Board Game Time with NE Tutor in the English Room
與外藉英語老師交換聖誕禮物和外藉英語導師在英語角進行桌上遊戲



We won the Award for Outstanding Creativity in EMI Drama Fest with our performance at St. Stephen's College.
我校劇社參加了由英文中學聯會舉辦的英文戲劇比賽並在聖士提反書院表演。最終，我校贏得了最佳創意獎。



"From Page to Stage" Drama Programme
從文本到舞臺英語劇場教育計劃

Chinese 中文

Couplet Writing Activity
寫揮春活動



Mid-Autumn Festival Lantern Riddles Guessing
中秋節猜燈謎



Lantern Festival Glutinous Rice Ball Making Workshop
元宵湯圓活動



Debate Competition
辯論比賽

Math Circle 數學圈

Our Math Circle aims to consolidate students' mathematical knowledge and cultivate their interest in the subject. Through specialized training, we provide students with the opportunity to deepen their understanding of mathematical concepts and improve their problem-solving skills.

We employ progressive teaching methods to ignite students' interest in mathematics, build their self-confidence, and instill a belief in their own worth. By participating in mathematics learning activities, students develop crucial thinking skills such as analysis, inquiry, reasoning, communication, and problem-solving. These skills

not only benefit their academic studies and competitions but also foster resilience, teamwork, and a commitment to pursuing excellence.

我們的數學圈旨在鞏固學生的數學知識並培養他們對學科的興趣。透過專門的培訓，我們為學生提供加深對數學概念的理解並提高解決問題的能力的機會。

我們採用漸進式教學方法來激發學生對數學的興趣，建立他們的自信心，灌輸對自身價值的信念。透過參與數學學習活動，學生可以培養分析、探究、推理、溝通和解決問題等關鍵思考技能。這些技能不僅有利於他們的學術研究和比賽，還可以培養適應力、團隊合作精神和追求卓越的承諾。



The 26th Hong Kong Mathematical High Achievers Selection Contest
第二十六屆香港青少年數學精英選拔賽留影

The 41st Hong Kong Mathematics Olympiad
第四十一屆香港數學競賽留影

Career & Life Planning Education

生涯規劃教育

The Career Education Team organizes life planning programs to guide students to understand their personalities, interests and aptitudes, which help them achieve their life goals. Through various workshops and job taster activities, students learn about their strengths and weaknesses and their awareness of life planning can be raised. Career talks, visits to enterprises, alumni sharing and mentorship program expose students to a wide range of jobs, widen their horizons and nurture positive learning attitudes & correct values. Career teachers provide guidance to students on setting their further study & career goals, as well as develop their ability to explore different career information. School-based curriculum in life planning and career education is integrated into Life Education Lessons to guide students to know more about themselves and make an informed and rational decision on their choice of studies and careers.

本校升學及就業輔導組每年均舉辦生涯規劃活動，讓學生了解自己的性格、興趣及能力傾向，並規劃自己的前路，達致生涯目標。藉著不同的工作坊及工作體驗活動，學生得知自己的強弱之處，也增進他們對生涯規劃的認知。透過職業講座、企業實地參觀、校友分享、師友計劃，學生能接觸各行各業，擴闊他們的視野，促進他們建立正確的學習態度及價值觀。升學及就業輔導老師為學生提供升學輔導和意見，啟導學生訂立升學及就業的目標，並培養他們探討不同學習及工作機遇的能力。本校生命教育科的校本教材融合生涯規劃元素，期望同學最終能作出明智及理性的升學及就業選擇。



Visit to Polytechnic University: Physiotherapy, Occupational Therapy and Optometry Department
參觀香港理工大學物理治療、職業治療及視光學學院

Simulated Jobs Tasting Program
「勇往職前」模擬職涯體驗活動

Strive and Rise Mentorship Programme
共創明Teen 師友計劃

Junior form Life Planning lessons
初中生涯規劃課堂

Work Experience under School Business Partnership Program: Chinese Medicine Assistant
教育局商校合作計劃：中醫診所助理

Study Consultation Booths on Parents' Days
家長日-升學機構諮詢服務

Support to students 學生支援

We support students by building a culture of inclusiveness, providing them with appropriate and diversified support services. Various courses and training for students were introduced, such as academic enrichment programmes, workshop on social harmony for all new S.1 students, new secondary one student Wellness orientation activities, guidance prefects leadership training, social-training groups via board-games and switch games, emotional and behavioral training workshop, dyslexia training programme, oral and communication reinforcement programme, speech therapy programmes, and services from educational psychologist etc.

本校致力建立共融文化，為同學提供適切和多元化的支援服務，為學生提供各類課程及訓練，包括學業提升班、中一共融工作坊、中一 Wellness 迎新活動、街燈prefects 領袖訓練、通過桌上遊戲及Switch遊戲等進行社交小組、情緒及行為訓練工作坊、讀寫訓練課程、口語及溝通提升課程、言語治療及教育心理學家服務等等。



New secondary one student Wellness orientation activities
中一 Wellness 迎新活動

Guidance prefects leadership training activities
街燈prefects領袖訓練

Balloon Twist Twist Twist
「扭扭氣球」遊戲小組

We also support students by providing expressive arts experiential workshops. The creation process of arts promoted positive experiences for students. These gave opportunities for students to express their feelings, release their academic stress and offered those who were exploring questions of self a chance to have self-exploration, group bonding and special memory via multiple art forms in a safe contained space.

本校為學生提供表達藝術體驗工作坊，通過藝術為學生帶來了正面積極的體驗。不同的藝術活動讓學生能藉此表達自己的感受，紓緩學習壓力，並為那正在探索自我問題的學生提供一個安全的空間，作個人探索，而且活動亦加強了同學之間彼此合作的精神和為他們帶來一個特別的回憶。



Aroma Plaster DIY Stress Releasing Group
「擴香石DIY」減壓小組



"Arts: Self Expressing Journey"
Sharing from an Outstanding Graduate
「藝術：表達自己的旅程」優秀畢業生分享會



Expressive Arts Experiential Workshops
表達藝術體驗工作坊

Oversea Study Tour 海外遊學團

List of recent Study Tours

- 5-Day Korea Study Tour on Corporate Cultural Experience
- 5-Day Japan (Tokyo) Study Tour on Economic and Cultural Experience
- 5-Day Japan (Sendai) Geography Field Trip

- 韓國企業文化交流團
- 日本東京經濟文化體驗交流團
- 日本仙台地理考察團



Korea Study Tour on Corporate Cultural Experience
- Ready to take off
韓國企業文化交流團 - 準備起飛



Japan (Tokyo) Study Tour on Economic and Cultural
Experience group photo
日本東京經濟文化體驗交流團大合照



Visiting the Museum of Aeronautical
Science
參觀航空科學博物館



Students listening to guide's experience about the 311
tsunami disaster memories and the importance of preventive
measures in Memoire de Yuriage.
學生們聆聽導遊講述津波復興紀念館閣上的記憶中關於
311海嘯災難的記憶以及預防措施的重要性。



We are about to have a boat tour in
Nihon Sankei Matsushima, which is
characterized by numerous coastal
islands and geographic features like
sea arch and stack.
我們即將搭船遊覽松島，松島沿海島嶼
眾多，具有海蝕拱、海蝕柱等地形。



We visited the Meteorological Agency and
had a climate and volcano lecture prepared
by the professionals working there.
我們參觀了氣象廳，並聽了由在氣象廳人員準備的
氣候和火山課。

We reached the summit of Okama, which is
famous for its ever changing color of the
crater lake, but it's cold and windy up there
due to the high altitude (1759m).
我們到達了以顏色千變萬化的御釜火山口湖。由於
海拔較高（1759m），山頂寒冷多風。



We saw the Statue of Date Masamune in the
Sendai Castle Honmaru Ruins, he is the
symbol of Sendai. We could also see the
whole Sendai city on this hill.
我們在仙台城遺址看到了仙台的象徵-伊達政宗
雕像。在這座山上我們還可以俯瞰整個仙台市。

Geography Fieldtrip-Japan Sendai 日本仙台地理考察團

Our school arranged a 5-day study tour of
Geography Fieldtrip-Japan Sendai in the
Summer holiday of 2024. The purpose of
this study tour is to broaden students'
learning horizons through field investigation
of post-disaster reconstruction and various
landforms, which deepen students'
understanding of the man-land relationship.

本校於2024年暑假舉辦「日本仙台地理考察團」
五天遊學團，這次遊學團的目的是擴闊同學學習
視野，透過實地勘察災後重建的例子及各種地貌，
加深同學對人與自然災害關係的理解。

Sister School Scheme 姊妹學校計劃

Our teachers and students visited the
Shenzhen Senior High School Group: South
Campus for an on-site exchange in May.
During this exchange, our teachers and
students had the opportunity to participate in
a labor education class together with the
students from the Shenzhen Senior High
School Group: South Campus. This visit
allowed our participants to understand the
learning cultures of both places and fostered
strong friendships between the two groups.
Additionally, our school established a sister
school relationship with Nanjing University

Affiliated High School, aiming to create a
collaborative educational partnership.

本校師生到深圳高級中學（集團）南校區進行了
實地交流，交流期間，我們師生有機會與深圳高
級中學（集團）南校區的同學共同參與了一節勞
動課。此行師生們能認識到兩地的學習文化，彼
此也建立了鞏固的友誼。另外，本校亦與南京大
學附屬中學締結為姊妹學校，共同建立教育合作
的關係。

Shenzhen Senior High School Group: South Campus 深圳高級中學(集團)南校區



Visit to the Artificial Intelligence Joint Laboratory for
Human-Computer Interaction.
參觀人工智能聯合實驗室人機互動。



Teachers and students traveled together, sharing laughter and joy as
they admired the abundant fruits in the agricultural dream garden.
師生同行語笑晏晏，農夢園觀碩果累累。



Teachers and students visited the art center and took photos with the
students rehearsing with the orchestra.
師生一行參觀藝術中心，與樂團排練同學合影。



Vice Principal Li Qiling of Shenzhen Senior High School Group: South
Campus welcomed the visiting team of teachers and students from the
sister school, Hong Kong Sheng Kung Hui Lui Ming Choi
Secondary School, and exchanged souvenirs with them Lui Ming Choi
Secondary School, and exchanged souvenirs with them.
深圳高級中學（集團）副校長李齊玲代表學校歡迎姊妹學校香港聖公
會呂明才中學師生團隊到訪，並互贈紀念品。



In the history class, we explored shared history, resonating across two places and three generations.
同研身邊歷史課，兩地三代有共鳴。



蘇港姊妹學校簽約儀式 南京大學附屬中學



Sister School Signing Ceremony -
Nanjing University Affiliated High School.
蘇港姊妹學校簽約儀式



Visit to Nanjing University Affiliated High School, where teachers from both schools took a group photo.
參觀南京大學附屬中學，兩校老師合影。

Parental Involvement and Alumni Engagement 家校同心 薪火相傳

Our school values strong partnership with our parents and alumni. Parent-Teacher Association foster home-school partnership and provide a strong support to the school. Also, Alumni Association connects our alumni, near and far. We treasure our alumni as they serve as inspirational role models to current students, offering support and sharing stories of their time here.

Parent-Teacher Association 家長教師會



Mr. Wong, the principal, presented commended certificates to the Chairperson of PTA (23-24) during AGM.
於週年大會上，黃校長頒發感謝狀給家長教師會主席(23-24)。

我校重視與家長和校友的夥伴關係。家長教師會促進家校合作，為學生成長而共同努力。校友會連繫過去和現在的同學。校友是學弟妹們的榜樣，陪伴學弟妹們成長，我們珍惜我們的校友。



Parent helpers participate actively in Swimming Gala and Sports Day.
家長義工積極參與水運會和陸運會。



Various talks and sharing sessions were arranged for parents.
為家長舉辦不同種類的講座及活動。

Alumni Association 校友會

Mentorship Program 師友計劃

Alumni Association Mentorship Program helps S3-5 students explore different professions through learning from their mentors. The mentors are our alumni from different professions, including finance, medical, engineering, etc. The match-making is based on students' career aspirations. Students are given the opportunities to learn about the job requirements, job nature and prospects. The mentors would give mentees advice towards their goals.

校友會師友計劃透過來自不同專業的校友（如金融界、醫學界和工程界等），配對中三至中五學生想探索的職業，為他們講解工作的要求、性質和前景。導師也會給予學生建議，以協助學生邁向理想。



"Teacher-Student Volleyball Match" - Group Photo
「師友排球賽」- 大合照



"Golden Jubilee Banquet" -
7th alumni with former teachers
「金禧晚宴」- 第七屆校友與前老師合照



"Mentorship Program" -
Students learning from alumni
Dr. Lam Wing Woo at the clinic
「師友計劃」- 同學與校友林永興醫生在診所交流